

**International
Physical Fitness Association
March 2007
MEMBERSHIP ROSTER**

ALABAMA

ANNISTON

Anniston Family Fitness- Dual
3114 McClellan
Zip Code 36201
Ph.(205)237-4206

BIRMINGHAM

Riviera Fitness Center- Women
430 Green Springs Hwy 5
Zip Code 35215
Ph. (205)290-0000

Riviera Fitness Center- Women
2304 Center Point Road
Zip Code 35215
Ph.(205)853-8878

HUNTSVILLE

Riviera Fitness Center of University- Dual
2211 University Dr.
Zip Code 35816
Ph.(256)539-6211

MADISON

Riviera Fitness Center Fitness – Dual
7919 Hwy. 72 West
Zip Code 35758
Ph.(256)895-2900

MONTGOMERY

Ladies Super Fitness- Women
461- M N Eastern Blvd
Zip Code 36117
Ph. (334) 273-0004

PHENIX CITY

Gene's Gym- Dual
1118-C 280 Bypass
Zip Code 36867
Ph. (334) 298-1060

PRATTVILLE

Future Lady Fitness- Women
242 Interstate Commercial Park Loop
Zip Code 36066
Ph. (334) 361-0074

ARIZONA

GILBERT

Fitness Works- Dual
1668 N. Higley Rd.
Zip Code 85206
Ph. (480) 396-0086

GLENDALE

Fitness One- Dual
3515 W. Union Hills Ste. 105
Zip Code 85306
Ph. (602) 504-3988

MESA

Fitness Works- Dual #1

112 E. McKellips

Zip Code 85201

Ph. (480) 644-1901

Fitness Works- Dual #2

6040 E Brown Rd

Zip Code 85205

Ph. (480) 807-5080

PEORIA

Fitness 1 One- Dual

9028 W Union Hills Dr Ste 1

Zip Code 85382

Ph. (623) 376-4888

PHOENIX

Fitness West- Dual

6850 West Indian School Rd

Zip Code 85033

Ph. (623) 846-6884

SCOTTSDALE

Fitness Experience Health Club – Dual

10155 E. Via Linda

Zip Code 85258

Ph. (480) 451-7650

SIERRA VISTA

Buena Health Fitness Center – Dual

4341 S. Hwy 92

Zip Code 85650

Ph. 520-378-2461

SURPRISE

Fitness 1 One- Dual
12851 W Bell Rd Ste 22
Zip Code 85374
Ph. 623-977-7583

ARKANSAS

FORT SMITH

World Class Fitness – Dual
6206 S. 31st Street
Zip Code 72908
Ph. 489-646-4022

JACKSONVILLE

Jacksonville Fitness Center – Dual
211 N. 1st
Zip Code 72076
Ph. 501-982-1531

CALIFORNIA

ANTIOCH

Body Beautiful – Women
3658 Lone Tree Way
Zip Code 94509
Ph. 925-754-1616

Xtreme Fitness – Dual
207 E. 18th Street
Zip Code 94509
Ph. 925-779-9503

BURBANK

World Gym of Burbank – Dual
2010 N. Hollywood Way
Zip Code 91505
Ph. 818-563-4206

World Gym of Burbank II – Dual
226 E. Palm Avenue
Zip code 91502
Ph. 818-954-0021

BURLINGAME

Diesel Fitness – Dual
888 Hinckley Rd
Zip Code 94010
Ph. 650-259-1555

CAMARILLO

L.A. Workout – Dual #1
4542 Las Posas Rd
Zip Code 93010
Ph. 805-482-2582

L.A. Workout- Dual #2
500 Paseo Camarillo
Zip code 93010
Ph. 805-482-8884

CANYON LAKE

Canyon Fitness Center – Dual
32150 Canyon Rd
Zip code 92587
Ph. 909-244-3353

CAPITOLA

Spa Fitness Centers – Dual
816 Bay Avenue
Zip Code 95010
Ph. 408-475-6316

Spa Fitness Centers – Dual
1100 41st Avenue
Zip code 95010
Ph. 831-476-7373

CARPENTERRA

SoCal Sports Clubs – Dual
4945 Carpenterra Ave.
Zip Code 93013
Ph. 805-566-1003

CASTRO VALLEY

Lady of America- Women
4797 Heyer St.
Zip Code 94546
Ph. 510-583-9700

CHATSWORTH

Powerhouse Gym of Chatsworth – Dual
20914 Nordhoff Street
Zip code 91311
Ph. 818-775-0300

DELANO

American Health Fitness – Dual
1427 S. Lexington Street
Zip code 93215
Ph. 661-721-7191

DUBLIN

Fitness 2000- Dual
7327 Village Parkway
Zip Code 94568
Ph. 925-833-2500

EL CAJON

Valley Athletic Club – Dual
522 Jamacha Rd.
Zip code 92019
Ph. 619-579-1818

EUREKA

Ladies Workout Express – Women
3220 Broadway, Ste. A8
Zip code 95501
Ph. 707-445-3088

FAIRFAX

Women's Fitness Center & Spa – Women
2088 Sir Francis Blvd.
Zip Code 94930
Ph. 415-485-1770

FOUNTAIN VALLEY

Ms. Fitness of Fountain Valley – Women
18030 Magnolia
Zip Code 92708
Ph. 714-378-1226

GLENDALE

World Gym Glendale- Dual
1001 E. Colorado Blvd.
Zip Code 91205
Ph. 818-243-1600

HAYWARD

Sport Center – Dual
31199 Mission Blvd.
Zip Code 94544
Ph. 510-489-8355

LOS ANGELES

Beverly Hills Health & Fitness – Dual
8301 Beverly Hills Blvd
Zip code 90048
Ph. 323-658-6999

MANTECA

California Total Fitness – Dual
441 N. Main St.
Zip code 95336
Ph. 209-239-2429

MARINA DEL RAY

Marina Fitness Center – Dual
14045 Panay Way
Zip code 90292
Ph. 310-821-1662

MISSION VIEJO

SoCal Sports Clubs- Dual
24401 Alicia Pkwy.
Zip code 92691
Ph. 949-583-9000

MONROVIA

World Gym – Dual
123 W. Pomona Ave.
Zip Code 91016
Ph. 626-599-8806

MORGAN HILL

Xtreme Fitness- Dual
685 Jarvis Dr.
Zip code 95037
Ph. 408-776-1617

MURRIETTA

Powerhouse Gym Murieta – Dual
25389 Madison Ave. Ste. 101
Zip Code 92562
Ph. 951-461-9106

NEWARK

Fitness 2000 – Dual
35145 Newark Blvd.
Zip Code 94560
Ph. 510-791-2481

OCEANSIDE

First Class Fitness – Dual
1791 S. Oceanside Blvd.
Zip code 92054
Ph. 760-433-0123

OXNARD

Gold's Gym- Dual
2251 E. Gonzales
Zip code 93036
Ph. 805-983-2639

PORT HUENEME

Club Hollywood Fitness Channel Islands – Dual
2597 Bolker Dr.
Zip code 93041
Ph. 805-985-9161

POWAY

4 Women Only – Women
12222 Poway Rd #7
Zip code 92064
Ph. 858-486-4900

RANCHO CUCAMONGA

California Athletic Club – Dual
9120 Haven Ave.
Zip code 91730
Ph. 909-987-3991

REDDING

Fit City Health & Fitness for Women- Women
1768 churn Creek Rd.
Zip code 96002
Ph. 530-222-5239

Xtreme Fitness – Dual
900 Dana Dr. Ste B32
Zip code 96033
Ph. 530-224-4050

SACRAMENTO

Cordova Fitness – Dual
9555 Folsom Blvd. Suite G
Zip code 95827
Ph. 916-363-6584

Lady Fitness- Women
6339 Mack Rd
Zip Code 95823
Ph. 916-689-1199

SAN DIEGO

Being Fit – Dual #1
4971 Claire Mont Dr.
Zip code 92117
Ph. 858-483-9294

Being Fit – Dual #2
8292 Mira Mesa Blvd.
Zip code 92126
Ph. 858-549-3456

SAN JACINTO

Family Sport & Fitness – Dual
1635 S. San Jacinto Street
Zip Code 92583
Ph. 909-487-0725

SAN MARCOS

4 Women Only – Women
844 West San Marcos Blvd. # 103
Zip code 92069
Ph. 760-591-4437

SANTA CLARITA

Santa Clarita Athletic Club- Dual
24640 Wiley Canyon Road
Zip code 91321
Ph. 661-254-7900

SANTA ROSA

Stan Bennett's Health & Fitness
3033 Coffey Lane
Zip Code 995403
Ph. 707-578-7406

Stan Bennett's Health & Fitness – Dual #1
3345 Santa Rosa Ave.
Zip code 95407
Ph. 707-579-9500

Stan Bennett's Health & Fitness – Dual #2
760 Montecito Blvd.
Zip code 95409
Ph. 707-539-6796

SONOMA

Stan Bennett's Health & Fitness – Dual
989 W. Spain Street
Zip code 95476
Ph. 707-996-2768

SUISUN CITY

Lady Fitness- Women
254D Sunset Avenue
Zip Code 94585
Ph. 707-421-8083

TEMECULA

Powerhouse Gym – Dual
31741 Hwy 79 South Ste A
Zip code 92592
Ph. 951-303-3569